

INTERCULTURAL HEALTH HUB

WSTCYS Project funded by HSE Social Inclusion South East Community Healthcare

History of Intercultural Health Hub

- Intercultural Healthcare work in South East Community Healthcare (SECH) started in 2013.
- The model is based upon the principles of Community Development, Empowerment and Peer Health Advocacy.
- In 2018 the Intercultural Health Hub was established as a partnership between Waterford and South Tipperary Community Youth Services (WSTCY) & HSE Social Inclusion SECH.



Background

We cover 5 DPC's, 1 EROC and Roma community in Waterford.



- All our work is based on recommendations from service users, research undertaken with University of Limerick and guided by the national and regional Intercultural Health Strategies.
- We are represented at Local and National Intercultural Health working groups.



Staff

1 fulltime Supervisor



- 5-part time Intercultural Health Advocates (for Protection Applicants, Refugees and Roma) all peer advocates
- Project management is within WSTCYS



Setting

We work in Partnership with the Roma Project in FDYS and U-Casadh also funded by SECH Social Inclusion



- We provide staff with capacity building, training opportunities and support
- Quarterly Peer Network support meeting



How we do it

 Provision of information on how the Irish Health system works



- Support to access Health Services (e.g. applying for medical cards and renewal of same, support making and attending medical appointments)
- Delivery of key health messages (e.g. on immunisation, asthma, exercise, diet and over the counter medications)

How we do it

Delivery of health programmes
(e.g. Music in Mind for Refugees
and Health Literacy for Roma communities)



- Delivery of awareness raising events on health issues (e.g. mental health, sexual health, dental hygiene)
- Support in accessing other services (e.g. social welfare, housing, education)

How we do it

 Delivery of Health Orientation programme for Refugees



- Coordinating GP, Dentist, Psychologist and Safetynet appointments for Refugees
- Support Service Providers
- Interagency networking



Challenges to Date

- Language barrier and Literacy
- Understanding of the medical system and managing client's expectations
- Access to other services
- Transport and reimbursement of costs
- Lack of activities for Protection Applicants





